

# VIRTUAL PRESS KIT 2024

Photo of ETD Instructor, Johari Mayfield courtesy of Live In The Movement

# ETD OUTREACH

#### ABOUT

ETD Outreach of Eryc Taylor Dance Inc. was founded in 2007 by Artistic Director Eryc Taylor. The organization's mission is to uplift communities through movement workshops that are made accessible to all demographics. Since the program's start, ETD Outreach has conducted over 4,000 workshops, bringing the joy of movement to over 10,000 participants across all five boroughs of New York.

## CREATING POSITIVE SOCIAL CHANGE THROUGH MOVEMENT & DANCE

In our efforts to create positive social change through movement, ETD Outreach works with a diverse client base, such as youth programs, supportive housing sites, senior centers, and more. Our Outreach dance workshops are uniquely customized for all levels and abilities to bring joy and freedom of movement through equal access and customization. Research supports the thought that exercise, creative activity, and dance produce



lasting effects that ultimately reduce stress, anxiety, and depression. Recognizing the countless benefits of movement on personal development, it also serves as a conduit for connection and community.

At the core of our mission, we aim to make all workshops and events accessible to provide equal access and opportunity to people with diverse abilities. We continually seek new ways to increase accessibility to the communities we serve and research new ways to broaden our outreach.

Click here to access our website!

## **WORKSHOP ACCESS**

In 2020, ETD Outreach introduced Zoom workshops and pre-recorded class options to ensure accessibility during the pandemic. ETD Outreach is excited to continue these accessibility options throughout 2024 and beyond!



#### **IN-PERSON**

Book ETD Outreach to come onsite and host safe, in-person workshops for any size group! In-person workshops foster a sense of community, togetherness, and energy!



#### VIDEO

Customize a prerecorded or live ZOOM workshop taught by an ETD Outreach instructor. These work well for groups with time or space restrictions or those outside the NYC metro area.



#### EVENTS

Bring ETDO to your network for a specific event. This option is great for camps or organizations looking to bring movement to their community for a shorter period, such as a day or just one week.

<u>Click here to learn more</u> about our platforms!

# MOVEMENT STYLES



#### **MINDFUL & MEDITATIVE MOVEMENT**

We offer styles like Yoga, Chair Yoga, breathwork, meditation, and more. These styles focus on centering attention, reducing stress, generating energy while fostering a sense of calm, and stretching and strengthening the body.



#### **STRETCH & STRENGTHENING**

Including Pilates, Barre, HIIT, Stretch & Strength, Jazzercise, Zumba, and more, these classes challenge and strengthen participants through isometric movements, cardio, weight-bearing exercises, and more. Workshops in these styles will work up a sweat and leave you feeling energized!



#### DANCE STYLES

Specialized dance forms in many styles are available and geared towards absolute beginners. Try our Afro-Cardio, Afro-Cuban Modern, Afro-Caribbean, Dancehall, Hip-Hop, Muévete, Salsa, or Contemporary/Modern dance workshops. Specialized Dance curriculums improve coordination, foster community, improve endurance, and increase flexibility.

#### <u>Click here to book a free consultation!</u>

# **INTERESTED IN ANOTHER STYLE?**

ETD Outreach instructors are lifelong professional dancers and can tailor classes to fit each workshop's needs and interests! Email outreach@etd.nyc for more information on how to customize your workshop.

# ETD OUTREACH Instructors



## JOHARI MAYFIELD

#### Instructor

Afro-Cardio, African Dance Styles, Ballet, Contemporary Dance, Pilates, Yoga, Chair Yoga, Strength & Conditioning Instagram: @joharimayfield



#### GABRIELSANCHEZ

**Instructor** Jazz, Stretch Move and Groove, Mexican Folk Dance Instagram: @dancer gisanchez86



#### **RAFAEL SANTANA**

#### Instructor

Reggaeton, street-jazz fusion, Instagram: @rafael.santana8



## GABRIELA MARX

**Instructor** Salsa, Creative Movement, Move and Groove Instagram: @Gabriela\_marx\_dance



#### **JEO FLEMMING**

Instructor Hip-Hop, Dancehall, Afro-Caribbean Movement, MJ Style Instagram: @theofficaljeo



## ETD OUTREACH KEY PARTNERS

# Acacia Network

# <u>Loisaida</u>

## Lantern Community Services

Fountain House

Odyssey House

The Felix Organization

<u>Hour Children</u>

Post Graduate Center for Mental Health

## <u>S:US</u>

<u>Click here to learn more</u> <u>about how you can also</u> <u>become our partner!</u>



# THE DISTRICTS WE SERVE



#### **DISTRICT 3, ERIK BOTTCHER**



Our Home district is led by Councilman Erik Bottcher. Bottcher is a He is a dedicated public servant and activist who has devoted his life to progressive causes and the betterment of the community he loves. In 2021, he was elected to represent City Council District 3. Erik believes that our government should be effective, innovative, and inclusive and must work for the people, not special interests. Erik knows that if we come together and rise to this moment, New York City's best days are still ahead.





#### <u>Pierina Ana Sanchez</u> <u>District 14</u>



#### <u>Rafael Salamanca Jr.</u> <u>District 17</u>



<u>Eric Dinowitz</u> <u>District 11</u>



<u>Oswald Feliz</u> <u>District 15</u>



<u>Chi Ossé</u> <u>District 26</u>



<u>Diana Ayala</u> <u>District 8</u>



<u>Althea Stevens</u> <u>District 16</u>



S<u>hahana Hanif</u> District 39



Click Each councilperson to learn more about them and the district they serve.

# PRESS & MEDIA

Dance Magazine Feature

ETD Outreach Workshops in Mexico

Lantern Harlem Arts Stroll

<u> Acacia Network +ETDO</u>

Felix Organization + ETDO

Dance Enthusiast Feature

<u>ETD + ETDO Climate Change</u> <u>Artist</u>

Broadway World Feature

Wikipedia Page

ETD + ETDO Yucatan Tour

SHHNY 2017 Conference



# WANT TO LEARN MORE?

#### **Contact us!**



Eryc Taylor, Founder



Liviya England, Administrator

outreach@etd.nyc

or follow us on instagram @etdoutreach

Book a workshop here!



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